

CopyCat Starbucks Oatmeal

Ingredients

1/2 cup old fashioned oats (not instant or quick-cooking)
1/2 cup water
1/2 cup milk (I used almond milk)
1 banana, sliced and divided
1 Tablespoon brown sugar (more or less)
1 Tablespoon ground flaxseed (optional)
1/2 teaspoon vanilla extract
1 Tablespoon each pecans, walnuts, sliced almonds
2 teaspoons each dried cherries, dried blueberries, dried cranberries

Directions

In a medium size saucepan combine the oats, water, milk and half of the banana.

Cook on medium heat until bubbling.

Stir and cook until creamy and the oats have adsorbed all the liquid which should take about 5 minutes.

Use a spatula to mash the banana.

Remove the saucepan from the heat and add the brown sugar, flaxseed meal and the caramel extract.

Add to your bowl and top with remainder of the banana and the raisins and nuts.