

CopyCat Starbucks Spinach Feta Wrap

Ingredients

1 tortilla, large, gluten free, if needed
2 egg whites, large
 $\frac{1}{2}$ cup spinach , fresh or thawed from frozen
4 sun dried tomatoes, chopped
2 tbsp feta, crumbled
 $\frac{1}{4}$ tsp salt
 $\frac{1}{8}$ tsp pepper

Directions

On medium heat, coat a non-stick pan with oil or cooking spray. When hot, add egg whites with spices of choice. Fold over and cook both sides. Remove from the pan.

Add your fresh or thawed frozen spinach and cover for 1 to 2 minutes, until wilted. Set aside.

Place your tortilla on a large piece of parchment paper. Add eggs whites, wilted spinach, sun dried tomatoes and crumbled feta and wrap up.

If made fresh, cut in half or if prepared in advance, heat in a sandwich press or grill until warm.