

CopyCat Wendy's Summer Berry Chicken Salad

Ingredients

1 boneless, skinless chicken breast
1/8 teaspoon salt
1/8 teaspoon ground black pepper
1/8 teaspoon garlic powder
1/4 teaspoon dried parsley
2 teaspoons vegetable oil
4 ounces spring lettuce mix
1/4 cup blackberries
1/4 cup sliced strawberries
1 tablespoon feta cheese
5 or 6 pieces dried apple chips
2 tablespoons blackberry vinaigrette or other berry vinaigrette dressing

Directions

Season chicken breast with salt, pepper, garlic powder, and dried parsley.

Place a small skillet over medium heat. Add vegetable oil and allow the pan to get hot. The oil should almost smoke.

Add the chicken and cook it on each side for 5 to 7 minutes or until the chicken is done (internal temperature at 165°F).

Remove chicken from skillet and allow it to rest for about 5 minutes.

Slice the chicken into bite-sized pieces.

Place salad greens in a bowl.

Top the salad greens with blackberries, strawberries, feta

cheese, apple chips, and chicken pieces.

Pour the vinaigrette dressing over the salad and enjoy!